

Boxing/Fitness Waiver/Release Form

For and in consideration of **Team DNA Boxing Club** permitting the participant to enroll and participate in a boxing/fitness training class(es). Participant by signing below, voluntarily releases from liability, indemnifies, and holds harmless **Team DNA Boxing Club** and its owners, officers, directors, employees, affiliates and advisors and the facilities (collectively, "**Team DNA Boxing Club**") from and for any accident, injury, illness, death, loss, damage to person or property or other consequences suffered by Participant or any other person arising or resulting directly or indirectly from Participant's participation in the boxing/fitness training class(es). In the event that the Participant is injured, Participant agrees to assume any financial obligation, either through Participant's personal health insurance, or through some other means, for any medical costs which Participant incurs. **Team DNA Boxing Club** assumes no responsibility for any medical expenses, injury, or damage suffered by Participant in connection with the use of the facilities, equipment or services in connection with the boxing/fitness training class(es).

IT IS THE INTENTION OF PARTICIPANT BY SIGNING BELOW TO EXPRESSLY ASSUME ALL RISK OF PERSONAL INJURY, DEATH, OR PROPERTY DAMAGE UPON HIM/HERSELF, TO THE EXCLUSION OF TEAM DNA BOXING CLUB AND TO EXEMPT AND RELIEVE TEAM DNA BOXING CLUB FROM LIABILITY FOR ANY & ALL PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH.

Participant further agrees that Participant, his/her spouse, assignees, heirs, guardians, and legal representatives will not make any claim against, sue or attach **Team DNA Boxing Club** for any loss or damage resulting from Participant's participation in the boxing/fitness training class(es) or use of the facilities, equipment or services.

PARTICIPANT IS AWARE THAT HE OR SHE WILL BE ENGAGING IN A RANGE OF ACTIVITIES INCLUDING, BUT NOT LIMITED TO, JUMPING, STRETCHING, TURNING, LIFTING, PUNCHING AND TWISTING. _____(Initial) PARTICIPANT IS AWARE OF THE POTENTIAL DANGERS INCIDENTAL TO ENGAGING IN BOXING/FITNESS ACTIVITIES WHICH INCLUDE BUT ARE NOT LIMITED TO STRAINS, SPRAINS, TEARS, AND BROKEN BONES. _____(Initial)

PARTICIPANT AGREES THAT THIS IS A RELEASE OF LIABILITY, A WAIVER OF THE PARTICIPANT'S LEGAL RIGHT TO COLLECT DAMAGES IN THE EVENT OF INJURY, DEATH OR PROPERTY DAMAGE AND A CONTRACT BETWEEN PARTICIPANT AND TEAM DNA BOXING CLUB AND PARTICIPANT SIGNS IT OF HIS/HER OWN FREE WILL.

Print Name of Participant: _____

Age of Participant:

Participant's Signature:

If Participant is under 18,

Signature of parent or legal guardian:

Date:
